

Section 2 ENVIRONMENT OF CARE (EOC)

Environment of Care

The Environment of Care Team (EOC) provides a functional, safe, and effective environment for patients, staff and visitors.

ENVIRONMENT OF CARE

The goal of the Environment of Care Program here at St. Bernardine Medical center is to provide a safe, functional and effective environment for patients, staff and visitors. We accomplish this goal through activities that:

- Reduce and control the environmental hazards and risks
- Prevent accidents and injuries
- Maintain safe conditions for patients, staff and visitors



ENVIRONMENT OF CARE

There are 6 areas included under the Environment of Care:



Each facility has written plans and programs to design, implement, assess, evaluate and improve these areas. Each plan outlines activities that will reduce hazards in the workplace. The Environment of Care Committee is made up of employees like you.



Identification Badges



Upon hire, all SBMC employees are issued I.D. badges with a badge buddy. The badge buddy is designed to provide a quick reference for employees in an emergency. ID Badges must be worn at all times at "Eye Level" and must be worn with the picture and name facing front. Security should be contacted immediately to deactivate the badge if a badge is lost or stolen.

St. Bernardine Medical Center

Badge Buddy – front & back view



Employee Parking Area



- 1. Ride Share if applicable
- 2. Staff illegally parking on the campus may be subject to boot or tow at their expense.

Medical Assistance in the Medical Office Building-399/401 Highland Avenue



For any medical related assistance required in the Medical Office Building, the proper response would be to dial 911.

Pest Control



If you observe a pest or rodent on the campus please contact the Environmental Services Department by dialing 4430. EVS will contact the pest control vendor so that the affected area can be treated and monitored. Staff should be aware that leaving food of any kind unopened and unrefrigerated attracts both pest and rodents. See EVS policy G08000 online.

Eye Emergencies



Staff should be aware of the following symbols designating eye wash stations. In the event an eye wash station is required the following procedure should be followed:

- 1. Located eye wash station
- 2. Activate eye wash station by pushing the handle
- 3. Flush eyes with fluid from the eye was station

Hazardous Spills



In the event of a Hazardous spill, first call the operator by dialing 1000, "Code Orange" shall be used for all hazardous spills. Redirect all traffic away from the spill area, until the spill can be contained and mitigated.

Material Safety Data Sheets (MSDS)





hest drainage units modialysis product

DON'T

JESE

GO in the red



Radiation Safety (Policy NM 0070 - Radioactive Waste Disposal)



The presence and use of radiation in an open environment requires strict controls which are mandated by Federal and State laws. Compliance guidelines with safe handling and disposition of radioactive waste or materials must be strictly adhered to. Review the policy.

For any questions relating to radiation exposures, please contact the Radiation Safety Officer ext. 7129 or the Nuclear Medicine Department at ext. 3653.

Emergency Codes



Dial 3000

- Dia 2000
- Access Control
- Monitoring Exits
- Tags
- Education



Hospital Code for reporting a fire emergency.



□ CODE RED is the appropriate hospital code when reporting a fire.

□ Fire drills are performed periodically to test all the systems involved in the fire safety program.

 It is important to be familiar with all the emergency codes for St
 Bernardine Medical Center.

11



Security Department

Security can be reached by dialing 2911 for all emergency calls and 0 for all non emergent calls for service. Upon calling the operator please state your first name, last name and your department. The hospital operator will then locate and dispatch the closest officer to your location.

Emergency Call Boxes



Emergency call boxes are currently located in the parking structure. If help is required please push the Red button on the call box. The hospital operator will be notified immediately and the nearest Security Officer will be dispatched to your location. The call boxes are Yellow and are located on each level of the parking structure.

General Safety/Employee Safety



All employees need to be aware of the surrounding environment inside and outside of the facility. All employees must display I.D. badges. All visitors and Vendors must display wristbands or vendor badges. Someone in the facility with no ID/ID band needs to be reported to the nearest Security Officer or dial 0 for Operator assistance.

Workplace Violence



SBMC has ZERO tolerance for workplace violence. Any implied, actual threats or acts of violence should be reported immediately following the Chain of Command protocol.

Employee Valuables



All employee personal belongings/valuables should be secured in a locked locker while on duty. High dollar items such as laptops, tablets, and smart phones should never be left unsecured or unattended. Employees will be held responsible for any lost items not secured while on SBMC property. Employees are encouraged to properly tag their personal belongings in case they are stolen and recovered.

Escorts



Employees are encouraged to use the Security escort service 24 hours a day. Please call the hospital operator. For visitors and patients leaving at night, security asks that you call, so that an escort can be provided to our guests and patients as well. Security will be more than happy to assist you 24 hours a day, seven days a week.

ELECTRICAL SAFETY

When electrical equipment problems are identified, **Tag** the item, **Lock** it out of service, and call Engineering to report it. Do not use if safety sticker is outdated (see below for sample of Biomed Safety sticker). Any electrical equipment (for personal or patient use) brought from home to the hospital **MUST BE CHECKED BY BIOMED** before use.

Call 3339.



Medical Equipment -- *TriMedx Call x3347 for service*

Equipment Selection

- Incoming Inspections
- Preventative Maintenance
- Safe Medical Device Act



Always use three-pronged (grounded) plugs. If you feel a "tingle or shock," immediately Tagout/Lockout and report.

DO NOT USE! Any broken piece of equipment should be tagged **Tagout/Lockout** and reported to Engineering immediately.

EMERGENCY POWER is provided by emergency generators during an outage. Locate **RED OUTLETS-**-these are the **only outlets** generated by the emergency generator. All life-saving or life-

sustaining equipment should be plugged into a RED outlet. Know the location of flashlights and emergency extension cords. Use electrical equipment properly and teach patients to do the same.

Medical Equipment

All new clinical equipment must be evaluated by clinical engineers from the Bio-Medical Department.

• Staff should review procedures for the proper use of equipment

Immediately remove faulty equipment from service and tag it for repairs (Lock out/Tag out).
Notify your supervisor if faulty equipment has caused serious harm to patients or employees
Each piece of medical equipment is labeled with a inspection tag that should be checked each time, before the equipment is used. The tag itself will have the expiration date of when the equipment has to be re-inspected

• Bio Med staff can be reached by dialing extension **#3347**

St. Bernardine Medical Center





 \bigcirc

WARNING F OF SERVICE' O NOT USE

Fire/Life Safety

Fire/Life Safety

Fire/Life Safety education is essential for the protection of everyone should a fire occur.

Each staff member should:

Comply with all fire policies



- Know your department specific Fire/Emergency response plan
- Understand what to do in the event of a fire
- Know your responsibilities both for a fire in your area or in another part of the facility.
- . Know where your nearest fire extinguisher is located on your unit
- Know where the closest fire pull station is location within your area.
- Know where the closest two evacuation routes are in your area.
- St. Bernardine Medical Center A Dignity Health Member

Fire Safety Equipment



Fire Safety Equipment

Operate the extinguisher using the "pass" method.

Pull the safety pin Aim at the base of the fire Squeeze the trigger Sweep back and forth

When confronted with a fire, use the acronym <u>RACE</u> to remember the correct procedures to follow:

<u>Rescue those in immediate danger</u> <u>A</u>larm others in the area by activating the nearest fire alarm <u>C</u>onfine the fire and <u>C</u>all security or your designated emergency contact Extinguish the fire if small, or Evacuate



During our recent CMS Survey staff were asked to recite <u>PASS/RACE</u>



Fire Safety Equipment



Fire Safety Equipment

Parasyldes & Barasyldes

Baraslyde – Max Weight limit 800LBS – Used to evacuate heavier non ambulatory patients down stairwells.

Requires multiple staff





St. Bernardine Medical Center

Fire/Life Safety

Practical tips

- Practice good housekeeping by keeping your area clean
- Keep overhead storage at least 18 inches below the sprinkler heads
- Minimize storage, zero hallway clutter
- Do not prop open doors

St. Bernardine Medical Center







Fire/Life Safety

What is Fire Watch?

- We go on "Fire Watch" when the fire alarm system is down for an extended time for repair.
- Be on the alert for smoke or fire.
- Dial 1000.



How to unlock patient restrooms

key can also be utilized to open the door.



Common area restrooms may have a small chrome cap over the outside of the door and will require a hex key to open. Each nursing station should have a set of keys for accessing the restrooms in case of an emergency.

SBMC uses dime locks in all its patients bathrooms. The locks can be open by staff by using a dime in the slot on the outside door handle. A small



Fire/Life Safety

St. Bernardine Medical Center No smoking allowed on campus



Smoke/Tobacco Free Campus

Policy ADM 10810

St. Bernardine Medical Cente



A practice of the emergency procedures to be used in case of fire.

- The Operator announces, "Code Red Drill"
- Respond as if it were a real fire, but do so Safely.
- Practice makes perfect.
- Once the drill is over the operator will announce "Code Red, All Clear".









Utility Management



Red Outlets are connected to

event the hospital's power

equipment should be plugged

supply fails. All critical

into Red Outlets only!

emergency power and continue to provide electricity in the

Water Heat

Communications

St. Bernardine Medical Center have back-up plans for utility systems so we can continue to provide patient care services during an outage. Know the location of the utility shut off valves in your area.

Medical Gas 6 0

Utilities

Management

9

St. Bernardine Medical Center

Lights

Utility Management

Communications





St. Bernardine Medical Center has back-up plans for utility systems so we can continue to provide patient care services during an outage. Know your emergency plans and the location of disaster equipment in case of an emergency.

> St. Bernardine Medical Center \odot Service Team Rounding All Department Managers & Directors Participate in Rounding. All EoC items are forwarded to Engineering or EVS for correction.







Unsafe Conditions

• What are unsafe conditions?

- Environmental Hazards- slippery or uneven floors, cluttered work areas
- Fire Hazards- obstructed corridors and fire exits
- Equipment Hazards- unsafe or defective equipment
- How do you report an unsafe condition?
 - Report it to your supervisor
 - Call the Operator (if it's an emergency, dial 1000)
 - Fill out an Engineering Work Order & report it as a safety hazard

DANGER

Call the Safety Office, ext. 7640

St. Bernardine Medical Center

Safety Education

- Policy Manuals (hardcopy and online)
- Orientation
- Annual Update
- Service Team rounding
- Safety Quizzes
- **Departmental Rounds** • completed 2x's a year





St. Bernardine Medical Center

Power

So. CA Edison

3 Emergency Generators

Uninterrupted **Power Sources** (UPS)

- Red Outlets
- Portable Generators

SAFETY MANAGEMENT

You have a right to a safe work place! Here are some things you can do to keep your work environment safe:

Know your job

St. Bernardine Medical Cente

- Use good body mechanics
- •Work carefully and deliberately and be aware of your surroundings
- Remain Alert: don't take shortcuts
- •Report any unsafe conditions immediately!
- Follow the Safe Patient Handling policy by using lift equipment when appropriate
- Attend safety training and annual update training



SAFETY OFFICER

Every hospital has an assigned Safety Officer. The Safety Officer is available to answer safety questions, provide training on safety topics and follow-up on safety issues impacting you in the workplace. Safety Officers are resources during facility audits and inspections.



SAFETY MANAGEMENT

You can keep your workplace safe by reducing safety hazards in your area! **REMEMBERTO:**

- Keep your area clean and hazard-free
- Be on the look out for hazards such as faulty equipment

• Report any safety hazards to Engineering (Extension 3339/5068) immediately, notify your department manager.





St Bernardine Medical Center

PATIENT SAFETY

Patients have rights too! Make our patient visits to St Bernardine Medical Center safe by:

- Helping to prevent slips, trip and falls
- Lifting and moving patients safely
- Protecting patient's rights
- Reporting all incidents immediately





EARTHQUAKES

During an earthquake remain calm and seek immediate refuge under a desk and chair. Stay away from windows and be prepared for falling objects. Help patients or visitors to take the same precautions. **NEVER** run outside or use and elevator. **DO NOT** use the hospital phones for personal calls, this may reduce our ability to receive incoming, or make outgoing phone calls.

Flashlights- are available in every department. Locate the Emergency flashlights in your department.



Emergency Management

ode Triage ode Triage	das	MIAD
	Internal Disaster Enternal Disaster	LIGODITAL INCIDENT COMMAND
ommunications/PBX	Administration (NCD, Sacurity, Engineering, EVS and Nursing will provide disector code during regular basiness hours. The House Supervisor, in consultation with Security, Engineering and ACD, will pravide code after hours.	HOSPITAL INCIDENT COMMAND
hysicians:	Report immediately to Doctors Lourge.	OVETERA
lepertment Managers:	and activate as necessary.	SYSTEM
imployou s	If at work, follow instructions of Department Director. If away from work, do not report to work unless called, or with specific HICS assignment. Call 1-866-750-5640 for information	2121 CIAI
bienteers:	Report to Labor Poel San Rafeal Record. 5. SIGNLEE AVS. Oxfordient Center	HICs is:
· ·	E Raveller ave	nics is.
128	trailing - Converse	A proven Emergency Management System
	ind a	Based on Military and Fire Management Chain
Esh	- Allen and a merenever	based on Military and Fire Management Chain
- And	A STATE OF	of Command
200	E 214SE	
1931 Building	Encopency Main Entrance Catebons Modath Contenence	Designed for all hazards and all sizes of responses, as
1931 Building Parties of Employe Viering Incolor	Emogency Milk Exhanse Oxfelorin Both Ceebonco Haran Oppertant Pater Son Biol Avia Tagentia Tagentia	Designed for all hazards and all sizes of responses, as Necessary
	er Department Poter Start Red Area Destar Erbanso Portag	Necessary
Persies of Employe Ventry Incolor Activity Hospital Command C	Are Department Protection Start Law Area Conter Dataseo Press Tage Field Contexp Area Start Law Area Conter Contexp Conter Contexp Con	•
Activity Hospital Command O Location: Carriel Ro Triaga/Field Treatment	Application Tradework Opportunit Controp Area See Eastryw Eastryweity Date Optimize Date Optimize Category and Category and Ca	Necessary
Activity Vietny Institut Activity Hospital Command C Location: Carmel Ro Triaga/Faid Treatme Location: Triad Treatme Location: Sector	an <u>Dephending Hoter</u> (1997) <u>The Partial Partia Partia Partial Partial Partial Partial Partial Parti</u>	Necessary Flexible and adaptable-only activate what is needed Manages routine or planned events
Activity Meeting Install Hospital Conversed G Location: Carriell Ro Visge/Faid Trastme Location: Emergency Labor Peid Location: San Rafael Peident/Tawihi Inform	ng Daphman Dater in Strate and St	Necessary Flexible and adaptable-only activate what is needed Manages routine or planned events Provides logistical & administrative support to
Activity Verify Index Activity Hospital Command C Location: Carruel Ra Triage/Faid Treatme Location: Emergency Labor Ped Location: Stratgency Labor Ped Location: Octavitate Location: Octavitate	Depuised Technical Depuised Depuised Depuised Depuised Depuised	Necessary Flexible and adaptable-only activate what is needed Manages routine or planned events
Anthe of Employ Vertag Incident Hospital Command G Location Cornel Res Uncelon Cornel Res Landon San Refrail Petiet/Faulty Infor Location San Refrail Petiet/Faulty Infor Location Corporation	Depuised Technical Depuised Depuised Depuised Depuised Depuised	Necessary Flexible and adaptable-only activate what is needed Manages routine or planned events Provides logistical & administrative support to operational personnel
Annue of Smith Vering Italian Annue of Command G Location: Carnel Ro Triage/Faid Frantews Labor Poid Location: San Rafaal Location: San Rafaal Location: San Rafaal Location: Catpatient Pastert Discharge Location: Main Labo	Description Description <thdescription< th=""> <thdescription< th=""></thdescription<></thdescription<>	Necessary Flexible and adaptable-only activate what is needed Manages routine or planned events Provides logistical & administrative support to operational personnel Improves Communication- Formal and Informal
Anthe of Smith Vietna (ucch) Anthe Vietna (uc	Default Default <t< td=""><td>Necessary Flexible and adaptable-only activate what is needed Manages routine or planned events Provides logistical & administrative support to operational personnel</td></t<>	Necessary Flexible and adaptable-only activate what is needed Manages routine or planned events Provides logistical & administrative support to operational personnel
Partie of Smply Vertra (ucch) Hospital Conveand C Locators Carnal Ro Visay Faid Trastere Locators Carnal Ro Visay Faid Trastere Locators Carnaline Locators Carnaline Locators Carnaline Locators Main Labo Staff Rost Awa Locators Carnaria Natio Parling Locators on 21° 52.	Default Default <t< td=""><td>Necessary Flexible and adaptable-only activate what is needed Manages routine or planned events Provides logistical & administrative support to operational personnel Improves Communication- Formal and Informal</td></t<>	Necessary Flexible and adaptable-only activate what is needed Manages routine or planned events Provides logistical & administrative support to operational personnel Improves Communication- Formal and Informal

Emergency Management



REVIEW HICS LINK: http://www.emsa.ca.gov/HICS/forms.asp THE LIFE YOU SAVE MAY BE YOURS OR YOUR FAMILY'S!



Г

Emergency Management

FIRE: Rescue patient	FIRE: Pull the pin	- F		Denticent [®] Systems Lancaster, PA U
Contain	Aim extinguisher Squeeze trigger	CODE PINK	CODE RED	CODE PURPLE
Extinguish/Evacuate	Sweep fire	Infant Abduction	Fire	Child Abduction
EVACUATION: Through doors to next safe smoke	HAZMAT SPILLS: 1. Get people out of the area	Dial 2000	Dial 1000	Dial 2000
compartment	2. Isolate, deny access	CODE YELLOW	CODE GREEN	CODE BLUE Respiratory/Cardiac
ISITOR INJURY	3. Notity 1000	Bomb Threat	PATIENT ELOPEMENT	Arrest
Dial 1000	UTILITY FAILURE	Dial 2000	Dial 1000	Dial 3000
	Dial 1000	CODE GRAY	CODE ORANGE	CODE SILVER Weapon
Emergency Id Notice to Police and Fire Authorities: in event	of a disaster or civil disorder please permit	Combative Person Dial 2000	HazMat Spil/Release Dial 1000	and/or Hostage
ardholder to report to the hospital. This card Department upon termination of employment	I must be returned to the Security		012 1000	Dial 2000
If found, please drop I	in any U.S. mailbox.	CODE TRIAGE	ACTIVE SHOOTER	
2101 Waterman Ave., San In the event of an Emergency employee	Bernardino, CA 92404.	DisAster	Dial 2000	
ront 026 - 1/1 Black		Back 026 - 1/4		
		Back 026 - 2/4		
		Back 026 - 3/4	Yellow	
		Back 026 - 4/4	Black	
				_
			>	1
1 St Bernardine	F mora		` ard	1
2 St. Bernardine	Fmero	encv	` ard	1
St. Bernardine	Emerg	encv (Card	
St. Bernardine Medical Center.	Emerg	ency (Card	

SAFE SURRENDER

What is Safe Surrender?

The Safely Surrendered Baby Law responds to the increasing number of newborn infant deaths due to abandonment in unsafe locations. First created in January 2001, the Safely Surrendered Baby Law was signed permanently into state law in January 2006. The law's intent is to save lives of newborn infants at risk of abandonment by encouraging parents or persons with lawful custody to safely surrender the infant within 72 hours of birth, with no questions asked.

Safe surrender sites are hospitals or other locations, typically fire stations, that are approved by the board of supervisors or fire agency in each county.

Safe surrender sites are required to display the blue and white logo.

The following is the toll-free telephone numbers for safe surrender sites in San Bernardino and Riverside County.

27

28







St Bernardine Medical Center employees can accept a surrendered baby from anywhere on the hospital grounds. Confidentiality must be maintained at ALL times.

What should I do if I am handed a baby:

•You must confirm that the parent is surrendering their infant to you

•Contact security who will escort you and the baby to the Emergency Department

•Once the infant is received, the child cannot be returned to the parent, either by request or with a change of mind

•The parent will be given a pamphlet on "Surrendering Parent Rights"

•If a parent attempts to surrender a baby to you outside of the hospital contact security at (909) 881-4580

St. Bernardine Medical Center A Dignity Health Member

ERGONOMICS AND BODY MECHANICS

At work or at home, you perform many tasks that could potentially cause injuries. These include lifting, repetitive motions, prolonged sitting or standing, bending, reaching, pushing, pulling, carrying and turning. Use common sense and protect yourself from injuries. Most injuries are actually caused by the cumulative effect of the things we do every day. The five major cumulative effects are:

Poor posture Faulty body mechanics Stressful living & working habits Loss of flexibility Poor physical condition The key to having a healthy back is maintaining good balance in your spine.

SITTING—Sit close to your work, keeping elbows, hips and knees at 90 degree angles, put both feet flat on the floor, don't cross your legs, if typing or using a computer, adjust monitor so top if screen is at eye level and is at arm's length. Documents should be at same level as screen. Make sure your chair supports your lower back--use lumbar support if desired. Get up at least every hour and stretch or walk around for 3-5 minutes.

STANDING— Put one foot up and change positions often (30 mins.) when standing for long periods. Stand on a cushioned mat if possible. Wear comfortable shoes-no high heels. Keep repetitive work at a comfortable height, and keep feet apart for a good, balanced stance. Pivot, don't twist if stocking or loading items.

LIFTING— Assess before you lift. If you are unsure, get help. Establish a wide-balanced stance. **Bend** at your **knees**, not your back. Hold the load **close**. Lift smoothly and don't jerk. Tighten your abdominal muscles as you lift. Pivot, don't twist. If two or more people are lifting, establish a verbal signal before lifting and then lift in unison. Push or pull rather than lift. Pushing is better!

SBMC "Safe Patient Handing Policy" PCS 1200030

AB 1136 SMBC compliance requires Safe Patient Handling throughout the hospital with the aid of mechanical devices to assist direct care staff in lifting, transferring, and repositioning patients when usage is determined by the assessment. Every patient is assessed on admission using the "Quick 3 Bedside Assessment Tool" to determine the necessity of mechanical lift usage and type of lift accessories to use. Subsequent assessments are performed daily and as needed. Upon completion of lift training, compliance is required with the Safe Patient Handling Policy. Failure to comply may result in corrective action to include disciplinary counseling. Lift Equipment Training is mandatory for all Direct Patient care staff!

SBMC FALL REDUCTION PROGRAM



PREVENT PATIENT FALLS....

On patient admission, a Fall Risk screening is performed to identify patients at risk for fall. An orange sign posted at entry to the room identifies the fall risk patient. When leaving a patient room, always ensure:

- 1. The bed is in the low position
- 2. The appropriate side rails are up.
- 3. The bedside table is near the patient.
- 4. When walking a patient in the hallway.
 - a. Ensure non-skid slippers are worn.
 - b. A gait belt is worn (when deemed necessary).

DOWNTIME PROCEDURES



(Electronic)

DOWNTIME PROCESS

- Occurs when electronic capability is not available to communicate orders required to be filled e.g. HBOC not available with computers non-functional
- Manually document request on approved Downtime forms.
- Document patient's name, medical record #, account #, and name of physician placing order.
- Immediately send the Downtime form to the department filling the request